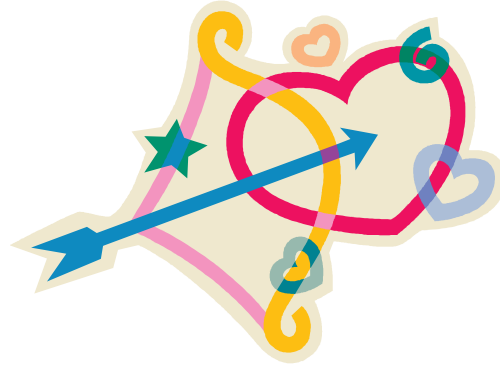


# AWAKENING THE SLEEPING MARRIAGE

A 3-week class presented by Todd Creager, MSW



**Create a relationship that brings you love, joy and stimulation.**

**Have increased self-esteem as you discover your increased capacity to give and receive love.**

**See how an improved relationship leads to better results at work and other life areas.**

YES, the research is in!! People with healthy marriages are more likely to have successful careers. It makes sense that better relationships lead to more energy and more energy can translate into more prosperity on many levels.

**Investing three hours of your time NOW, can yield you years of harmony!**

*Todd Creager, MSW is a Personal and Professional Coach who not only helps people have successful careers; he also helps people live lives with fulfillment, passion and meaning. He has been helping people have more prosperity for twenty years. In addition to his coaching with business owners and professional, he is a well-known couples coach. His presentation, "Awakening the Sleeping Marriage," has gone by other names, but whatever name it is given, it has always received rave reviews. Look forward to an uplifting, informative and lively presentation.*

## MYTHS OF MARITAL BLISS

- 1) We all should know how to have great relationships and it is a sign of failure if we are having problems.
- 2) Every aspect of my life (such as work, sports, learning an instrument, etc.) requires effort to be successful; except of course marital relationships- they should work without any effort or thought.
- 3) In order to sustain any living thing or system, we need to attend to its needs; thank goodness marital relationships do not need that kind of attention.
- 4) Everything we ever needed to know about how to have a healthy marriage we learned from our parents.
- 5) If the marriage is not working, it means I am in the wrong relationship.
- 6) If the marriage is not working, it is my partner's entire fault. If he/she were just different, things would be great.
- 7) If we could get back to the days when you liked me and I could do no wrong, then and only then we could be happy again.
- 8) Partners are never supposed to be angry, disappointed or frustrated with each other.
- 9) If my partner is angry with me, I must try hard to convince her why she is wrong so that we could have harmony again.
- 10) We must try hard to keep the relationship pleasant at all times.
- 11) Men are from Mars and Women are from Venus, so we would all be happier if we accepted that men and women could never connect.
- 12) There is no such thing as marital bliss!

Contact the Todd Creager Center directly to schedule an appointment, 714-848-2288.